

# PRE-PRACTICE CHECKLIST

**PLAYER NAME:**

#	TYPE/GEAR	QUANTITY	CHECK (Y/N)
	PROTECTION/SKATES		
1	Shell Pants	1	
2	Shoulder Pad	1	
3	Shin Guards	2	
4	Skates	2	
5	Helmet w/Mouth Guard	1	
6	Elbow Pads	2	
7	Gloves	2	
8	Jock Shorts	1	
	TRAINING/APPAREL		
9	Jersey	1	
10	Hockey Shorts	2	
	PLAYER ACCESORIES		
11	Blade Tape	1	
12	Clear Tape	1	
13	Water Bottle	1	
14	Snacks	LOTS	
	OTHER		
15	Hockey Stick	1	